

THE MERIDIAN SUN



An Official Publication of Florida State DeMolay

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Special Edition - Virtual 5K

FLORIDA DeMOLAY VIRTUAL 5K

DeMOLAY WEEK
MARCH 16-24, 2019



Save the date—Florida DeMolay is hosting a Virtual 5k!

A Virtual 5k is a charity event where you run your own race, anywhere, anytime you like. Register with Florida DeMolay and you'll receive a shirt to wear for the race, and a medal once you run it.

The Florida DeMolay Virtual 5k will take place during DeMolay Week, which is the week of March 16th through March 24th. Register for the Virtual 5k and do your race any time during this week, anywhere you like, with anyone you want.

Registration will be \$20, which includes your shirt and medal. All proceeds will be split among our two statewide charities, the Masonic Home, and the Shriner's Hospital for Children. All prospects

with petition will have their registration fee waived. Registration is due on March 1st. You can register with the link below.

Feel free to reach out with any questions you may have. We're looking forward to a great opportunity, not only to get everyone involved with our charity, but to get active with your DeMolay brothers from across the state.

1. **Register** - \$20 registration fee includes a shirt and a medal - ANYONE (family, friends, Masonic Family, really, ANYONE) can register and participate.
Registration is due on March 1st.
2. **Collect Sponsors** - Gather sponsorship from your sponsoring Lodge, your parents and friends and any local donors willing to support this worthy cause.
3. **Complete the 5K** - 5K equals 3.1 miles! Get creative and mark your finish line! Schedule a convenient time and conspicuous location for your Chapter to complete the Virtual 5K. This can be relatively anywhere! Wear your shirts, plan a time to meet, gather together and walk (or run) around your community, at a park or another venue. Remember to have fun!



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REGISTER NOW



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This is the official newsletter of **Florida DeMolay**.

This newsletter acknowledges authority and yields allegiance to **DeMolay International**, of which Frank S. Land was the Founder.



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